For the **Y-BOCS-II-SR v.7 with Parts A–D**, scoring is straightforward once you separate the symptom checklists from the severity scales.

Part	What it measures	Scored toward severity?
A	29 types of unwanted thoughts/obsessions	**No**. Y/N symptom checklist
B	Severity of the obsessions endorsed in A	**Yes: 0–25**
C	Compulsions, neutralizing behaviors, and avoidance	**No**. Y/N symptom checklist
D	Severity of the behaviors/avoidance endorsed in C	**Yes: 0–25**

The actual score

Part B has 5 items, each rated **0–5**:

1. Time occupied by obsessions
2. Obsession-free interval
3. Control over obsessions
4. Distress from obsessions
5. Interference from obsessions

Add them:
Part B = Obsession Severity: 0–25

Part D also has 5 items, each rated **0–5**:

1. Time spent in compulsions/avoidance
2. Resistance to compulsions/avoidance
3. Control over compulsions/avoidance
4. Distress if prevented
5. Interference from compulsions/avoidance

Add them:
Part D = Compulsion Severity: 0–25

Then:
Y-BOCS-II-SR Total = Part B + Part D = 0–50
There is **no reverse scoring**. The anchors themselves are already arranged so that **higher = greater OCD severity**. Research descriptions of the Y-BOCS-II-SR likewise identify the five obsession and five compulsion items, each scored 0–5, yielding the 0–50 total.

Current interpretation

Recent update in **2025**. Empirically derived Y-BOCS-II severity benchmarks are now:
0–14: non-/subclinical
15–21: mild
22–34: moderate
35–50: severe
These were derived from a large international sample of **2,982 participants**, and newer 2026 research is applying these same benchmarks to the **Y-BOCS-II-SR** specifically. Parts A and C tell you *what* the OCD is doing, while the 0–50 score tells you *how badly* it is doing it. IOCDF itself recommends the Y-BOCS-II-SR v.7 for therapist use with adult OCD cases.

Example: **"Y-BOCS-II-SR: Total = 27/50 (Obsessions = 14/25; Compulsions = 13/25), moderate range,"** and then briefly note the prominent symptom domains from Parts A/C.