

Jordan Case Study – Class Discussion Questions

Directions

Based on Jordan's case study and assessment findings, support your responses with specific details. Be considerate of distinguishing what the information suggests from what it does not establish. Do your best to consider the contextual information of case study without making assumptions.

1. Overall presentation and assessment priorities

Which concerns stand out most in Jordan's presentation? Identify evidence from the case and assessment findings that supports your concerns. What important information would you still want before forming a fuller clinical picture?

2. Depression and negative automatic thoughts

What patterns converge across the BDI-II, PHQ-9, and ATQ? What does each assessment add? How would you interpret differences in their scores without treating the totals as directly comparable? What does the distinction between how often a thought occurs and how strongly Jordan believes it add? What further evidence would you want before describing an underlying belief?

3. Suicidal thoughts and hopelessness

How would you consider the BSS, BHS, and PHQ-9 item 9 findings alongside Jordan's statements, history, and supports? What would you want to ask Jordan directly before drawing conclusions about their current safety needs? What can the measures not establish on their own?

4. Alcohol and cannabis use

What do the SMAST and DAST-10 endorsements add to Jordan's account? How would you reconcile Jordan's reported pattern of use with their initial view that alcohol is "not a problem"? What would you ask next to understand the frequency, context, consequences, and function of the alcohol and cannabis use?

5. Distress and daily functioning

What does the OQ-45.2 add to the symptom-focused measures? Consider: symptom distress, interpersonal relations, and social role scores alongside Jordan's account of work, relationships, and activities. How might you use this information in later assessment? What would you want to monitor over time?

6. Bringing the findings together

If you were summarizing the assessment to Jordan, what would you say about the pattern across measures? Identify one: (a) conclusion that seems reasonably supported by the findings, (b) one conclusion that would be premature (i.e., an area that may be prone for error), (c) one point that remains uncertain, and (d) one next step you would prioritize. Which measures or information would be most useful revisit, and why?